



# City of Maricopa

## Legislation Details (With Text)

**File #:** RES 15-28    **Version:** 1    **Name:** Wellness Program  
**Type:** Resolution    **Status:** Passed  
**File created:** 6/8/2015    **In control:** City Council Regular Meeting  
**On agenda:** 7/7/2015    **Final action:** 7/7/2015  
**Title:** A Resolution of the Mayor and City Council of the City of Maricopa, Arizona, authorizing the City Manager to initiate a six month pilot wellness program for all City employees. Discussion and Action.  
**Sponsors:** Kathleen Haggerty, Kristie Riester  
**Indexes:** Fiscal Policies and Management  
**Code sections:**  
**Attachments:** 1. Resolution 15-28

Date	Ver.	Action By	Action	Result
7/7/2015	1	City Council Regular Meeting	Approved	Pass

A Resolution of the Mayor and City Council of the City of Maricopa, Arizona, authorizing the City Manager to initiate a six month pilot wellness program for all City employees. Discussion and Action.

**Background** - The City of Maricopa wishes to be an employer of choice by offering a competitive wage and benefit package as well as an inviting community in which to live. We want to encourage employees to engage with the community while improving their own health and wellness through such things as access to Copper Sky. Copper Sky is a truly unique and special facility, and membership could be an attractive addition to a wellness program few other employers could offer.

**Discussion** - The City has been implementing the components of a wellness program, which began last year with the Health Fair and health risk assessments. This year in addition to the Health Fair, there will be competitions and information sessions for employees who wish to improve their health and maintain a healthy lifestyle. Such things as giving employees access to Copper Sky is a great addition to the City's Wellness program and would be an attraction tool for recruiting new employees.

During the pilot period, staff would track the impact the wellness program has on the City's attraction and retention efforts, along with any loss or gain of revenue associated with the program. This would be considered a pilot program and staff would report back to the Mayor and Council after six months of operation. Funding for this pilot program is available in the budget.

This item will be presented by Human Resources Director Kathleen Haggerty.

Staff recommends the Mayor and City Council approve Resolution 15-28 regarding authorizing a six month pilot wellness program for all City employees.