

# **City of Maricopa**

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# Meeting Actions - Final Age-Friendly Maricopa Advisory Committee

Monday, November 5, 2018

4:00 PM

Montezuma Conference Room - City Hall

# 1. Call To Order

The meeting was called to order at 4:00 p.m. by Vice Chair Lockridge.

# 2. Roll Call

Committee members present included Lynn Bernier, Tom Rein, Colleen Strom, Andy Lockridge and Carol Machovec. Vice Mayor Peg Chapados, Councilmember Nancy Smith, Arnold Jackson, Rich Vitiello and City Manager Rick Horst were also in attendance.

#### 3. Minutes

3.1 MIN 18-93

Approval of minutes from the October 15, 2018 meeting. Discussion and Action.

L. Bernier motioned to approve the minutes from the September 17, 2018 meeting. T. Rein seconded the motion. Motion passed.

**Approved** 

#### 4. Call to the Public

Vice Mayor Chapados informed the Committee that this will be her last meeting on the Age-Friendly Maricopa Committee. A. Jackson and Committee members stated that they appreciated the Vice Mayor for her contributions and leadership. A. Lockridge presented the Committee with a handout of the Dignity Health Community Needs Assessment Data Report.

### 5. Agenda Items

5.1 <u>AGE 18-61</u>

The Committee will receive an update from City Manager Rick Horst regarding communications with Dignity Health and Committee Vice-Chair Andy Lockridge will provide summary results from a Dignity Health Needs Assessment. Discussion Only.

The update was heard.

5.2 <u>AGE 18-62</u>

The Committee will discuss/debrief the last Multigenerational Game Night of 2018 held October 28th and make preliminary plans for the 2019 season as well as the first Game Night of 2019 scheduled in Rooms A and B of Copper Sky from 6:30 p.m. to 9:00 p.m. on Friday, January 25, 2019. Discussion Only.

Discussed. The scheduled dates for Game Night in the first quarter of 2019 are

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		January 25, February 22 and March 29.
5.3	AGE 18-63	The Committee will receive an update on the Senior Info/Expo 2019 scheduled for Saturday, January 26, 2019 from 10 a.m. to 2 p.m. on the Maricopa Campus of Central Arizona College (CAC) and continue to plan. Discussion Only.
		Vice Mayor Chapados delivered the update. Discussed.
5.4	AGE 18-64	The Committee will discuss an appreciation recognition for Olivia Guerrero, President/CEO - Pinal Gila Council for Senior Citizens, Area Agency on Aging, Region V. Discussion Only.
		Discussed
5.5	AGE 18-65	The Committee will receive an overview of the Chronic Disease Self-Management Program (CDSMP) from Committee Member Colleen Strom and will provide input/ideas. Discussion Only.
		Discussed
5.6	AGE 18-66	The Committee will discuss the possibility of hosting Brown Bag Luncheons sponsored by organizations on topics of interest to the senior community. Discussion Only.
		The item was tabled until after January.
5.7	AGE 18-67	The Committee will receive an update regarding Age-Friendly Committee applicants. Discussion Only.
		The update was heard.
5.8	AGE 18-68	The Committee will discuss next meeting agenda items. Discussion Only.
		The Committee identified the following items for the December 17, 2018 agenda: 2019 Senior Info/Expo update, Game Night 2019, Appreciation recognition for Olivia Guerrero (President/CEO of Pinal-Gila Council for Senior Citizens, Area Agency on Aging, Region V), Age-Friendly Committee member update and Chronic Disease Self-Management workshop update. The next meeting was scheduled for December 17, 2018.
6.	Adjournment	

T. Rein motioned to adjourn the meeting at 6:07 p.m. L. Bernier seconded the motion. Motion passed.

Adjourn