

Youth Town Hall Discussion Summary

Group: Social Pressure

Facilitator's Name: Andrea, Caitlynn, Nikole

Problem Summary

Our discussion focused on the social influence and pressures that teenager's face such as pressures from social media, self-harm, and how to raise awareness for the community and schools to help solve this issue and change Maricopa for the better.

Top Identified Issues

- Anti-bullying
- Self-harm/suicide
- Communication with parents
- Cyberbullying
- Social standards
- Self confidence
- Lack of awareness
- Social media's influence with social pressure
- Physical, mental and emotional affects
- Parental pressure
- Privacy
- Beauty vs Health Issues
- Random acts of kindness
- Self-love

Recommendations

Recommendation 1: Spirit Week

Who Implements & How: Student Council organized spirit week to raise awareness for the effects of social pressure.

Purpose: To help inform students about what is going on and how it can be prevented and stopped completely. A spirit week can also bring the community together to stop things before they happen.

Recommendation 2: Peer counseling/Ad campaign

Who Implements & How: Marketing and DECA can help create advertisements because they are a marketing class. We can create our own community hashtag to be used throughout social media to spread awareness.

Purpose: To raise awareness, spread unity and provide teens with a safe environment to reach out for help.

Recommendation 3: Unity Event & Concert

Who Implements & How: NJHS and NHS programs at Maricopa schools could implement this by developing the program together and getting local bands and talent to perform and showcase their talents.

Purpose: This can bring both parents and students together to bring happiness and love towards themselves and others.

Recommendation 4: Task Force

Who Implements & How: City representatives, youth council and select school representatives can form a task force to continue the anti-bullying campaign and promote positivity.

Purpose: This will bring the community together and make everyone feel safe and appreciated in their environment.