

## Ak-Chin Indian Community Grant Application Cover Sheet

Name of Applicant: <u>Maricopa CAASA dba Be Awesome Inc.</u>		Applicant is a: <input type="checkbox"/> City/Town/County (circle)	
		<input checked="" type="checkbox"/> Other	
Mayor/Supervisor/Chairman/President:			
Contact Person and Title: <u>Priscilla Behnke</u>			
Applicant Address (administrative office): <u>18150 N. Alterra PKwy</u>			
City: <u>Maricopa</u>		AZ <u>Zip Code: 85139</u>	
Applicant Mailing Address (if different):			
City:		Zip Code:	
Phone Number: <u>520-428-7750</u>		Fax Number:	
E-mail Address: <u>pbehnke@beawesomeyouth.life</u>			
Fiscal Agent for any Applicant that is not a City, Town, or County <i>(Special Taxing Districts/Fire Districts must have a Fiscal Agent)</i>			
Contact Person:			
City/Town/County Mailing Address:			
City:		Zip Code:	
Phone Number:		Fax Number:	
E-mail Address:			

Program or Project Name:	
Purpose (Check all that apply) <input type="checkbox"/> education <input type="checkbox"/> public safety <input checked="" type="checkbox"/> health <input type="checkbox"/> environment	
<input type="checkbox"/> promotion of commerce <input type="checkbox"/> economic and community development	
Purpose of Grant (brief statement):	
<u>Free health physicals with enhanced screening to promote youth participation in athletics</u>	
Beginning and Ending Date of Program or Project: <u>1/23 - 9/23</u>	
Amount Requested:	Total Cost:
Geographic Area Served: <u>City of Maricopa and surrounding areas</u>	

By the execution of this Grant Application the undersigned agrees that the information contained in this Application is true, to the best of the Applicant's knowledge. The Applicant shall notify the Community if any information in this Application changes

Signature:  Date: 6/2/2022

For the Applicant: Priscilla Behnke Be Awesome Executive Director

For the Fiscal Agent: \_\_\_\_\_ Date: \_\_\_\_\_  
(If applicable)

Typed/Printed Name and Title: \_\_\_\_\_

**Free & Accessible Physical Exams for Youth Athletics**  
**Ak-Chin Indian Community Grant Application Outline**

**A. Purpose of Grant**

Youth that are involved in extracurricular activities are less likely to engage in behaviors that are detrimental to their future success. According to the Institute for the Study of Youth Sports, high school athletes are 92% less likely to get involved with drugs, 80% less likely to get pregnant and 3 times more likely to graduate than non-athletes. The purpose of this grant is to provide free physical exams for the youth in Pinal County, thus allowing them the opportunity to participate in athletic programs within their schools and communities. The Arizona Interscholastic Athletic Association requires students in grades 6-12 to annually obtain a health physical by a doctor prior to participating in athletic events. The lack of availability of physical exams is a deterrent for youth who want to participate in school sports, especially in the City of Maricopa and surrounding areas where there is a significant lack of primary care providers who perform this service. Further, the free physical examinations provided through this program will include additional testing to diagnose cardiomyopathy, which is not traditionally included in athletic exams. Hypertrophic cardiomyopathy is viewed as the most common condition responsible for sudden cardiac death in young athletes. These deaths are preventable if a diagnosis is made prior to involvement in athletics and proper medical care is received.

This would be the inaugural year of this program; thus, the costs are higher due to purchases of equipment that will have to be made in order to provide these services. The program will require us to obtain medical partitions to create a mobile doctor's office at the school site where the free physical exams will be provided. It will also require the purchase and/or rental of medical equipment, including an EKG machine, to provide enhanced services to diagnose cardiomyopathy. Further, labor will be procured to set up and remove the temporary facility. Advertising and administration costs will be used to ensure that we reach the local youth and their parents. The cost to sustain this program in future years will be lower and we intend to continue this program utilizing the resources provided through the grant as long as there is a need and students are benefiting.

The target population for this project includes all youth in grades 6-12 in and around the City of Maricopa, including surrounding areas such as the Ak-Chin Community, Hidden Valley, Mobile and Stanfield. The lack of available healthcare in these areas makes it difficult for youth to obtain the necessary medical authorization to participate in sports. We anticipate administering at least 400 physical exams for youth in the first year. The majority of these will be provided during large scale one-day events in April of 2023. This will ensure that all youth who want to participate in athletics during the

2023/2024 school year will have the proper physical authorization to do so. Funds will be utilized to ensure youth and their parents can participate in these events through advertisement in local newspapers, including the Maricopa Monitor, InMaricopa and the Ak-Chin O’odham Runner. Limited funds will also be used to promote the project through social media, to reach the maximum amount of youth in the area. In addition, we are partnering with Exceptional Community Hospital – Maricopa to provide a limited amount of free physical exams for youth throughout the calendar year of 2023 to ensure that students who are unable to attend the events in April still have access to obtain a free physical and pursue athletics.

The goal of this project is to remove any barriers preventing our youth from achieving their potential. Providing free physical exams will allow students to participate in the sport of their choice, thus giving them a positive outlet to exercise and motivation to achieve. Through partnerships with the local hospital and schools in the area, we will encourage local youth to get involved in athletics, thus reducing their chances of making poor life altering decisions.

**B. Resources**

There are not any current funding sources for this project. If awarded, this project would be the first of its kind. The goal is to utilize this grant to fund the initial purchase of equipment and resources to provide free physical exams at school sites. Going forward, the resources procured through the grant will continue to be utilized to provide these services annually. Be Awesome Youth Coalition will lead this project. The mission of the organization is to develop confident, connected and successful youth through mentoring, education and community programs. Additional partners in this project include Exceptional Community Hospital – Maricopa, and the local public and charter schools. This project has not been funded by any other Arizona tribe, nor have requests for funding been made on behalf of this project.

**C. Reports**

Detailed reporting will be provided to the Community regarding the use of all grant funds received. Be Awesome Youth Coalition will adhere to the spending outlined in the grant proposal and spend the resources according to the proposed budget. Proof of expenditures will be provided as part of a detailed analysis upon completion of the project, including how many youth obtained the free physical exam services as well as demographic information identifying the population served. Further, information on the identification of potential cardiomyopathy will be provided, in accordance with health care information privacy laws.

**D. Budget**

Line Item	Description/Rate	Requested Funds	In-Kind Contribution
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Medical Equipment	Glidescope; Bladderscanner; Tonometer; slit lamp; EKG Machine; Otopscopes; Ophthalmic Scopes, CPR Dummy	\$ 23,200	
Medical Staffing	\$325/hr. x 60 hours = \$19,500	\$ 19,500.00	\$3,250
Screenflex Portable Room Dividers	\$649 per panel x 40 = \$25,960 + shipping \$950 + tax	\$ 32,450	
Setup/Installation/Storage	Contractor Quote (attached)	\$ 18,500.00	
Advertising	newspaper ads/various rates	\$ 17,000.00	\$1200
Contractors	Accounting \$100/month x 12 months = \$1200 Accounting Software \$21.15 x 12 months = \$253.87	\$ 1,453.87	
Administration/Coordination	Staff @\$16/h x 20 hrs. a week x 10 weeks = \$3,200 x 3 staff = \$9,600 Admin Coordinator Salary 4% of annual salary = \$3051.90	\$ 12,651.90	
Fringe	11.02% of payroll	\$ 1,394.23	
<b>TOTAL</b>		\$126,150.00	\$4450

- **Medical Equipment:** Additional medical equipment necessary to complete exams in a timely manner. Acquisition of this equipment will increase this programs inventory that can be used for future events and programs that benefit the community. Equipment will include additional testing to diagnose cardiomyopathy, which is not traditionally included in athletic exams. Hypertrophic cardiomyopathy is viewed as the most common condition responsible for sudden cardiac death in young athletes. These deaths are preventable if a diagnosis is made prior to involvement in athletics and proper medical care is received.
- **Medical Staffing:** Exceptional Community Hospital – Maricopa will also be donating their own medical equipment and staff resources to help facilitate the project. The medical staffing required for the project includes paying additional doctors at the rate of \$325/hour to staff the physical exams to ensure that all of the youth can be seen in a timely manner.
- **Screen Felx Portable Room Dividers:** necessary to create portable medical exam rooms. Acquisition of the dividers will increase the programs inventory which can be used for future events, and additional projects that can benefit the community.
- **Set Up, Installation, Storage:** will be contracted to create portable medical exam rooms using the Screenflex portable room dividers.

- **Advertising:** used to place ads in the local newspapers including the Maricopa Monitor, Ak-Chin O’odham Runner and InMaricopa. Ads will run for at least a month prior to the project date to ensure that we reach all potential participants. Additional advertising is covered by Be Awesome through Promo subscription which provides licensing for professional video, music, and templates which can be distributed on social media platforms.
- **Contractors:** a portion of monthly accounting to assist admin with monitoring, recording, and reporting financials and completing tax information. Fees for accounting software for nonprofits.
- **Admin and Coordinator:** This will include an administrator to help oversee financial reporting and oversight and assist with scheduling and supervising staff who will assist with setting up events for physicals and promoting events and opportunities for physicals through tabling at local events, and public places such as the local community center and library and coordinating with Exceptional Community Hospital, and schools.
- **Fringe:** Be Awesome uses an 11.02% fringe rate for benefits which are broken down to include:

Fringe Category	Rate
FICA	7.65%
Worker’s Comp	0.02%
Social Security	3.35%
Total	11.02%

**E. Additional Information**

The City of Maricopa has authorized participation as the fiscal agent for this grant project.



INTERNAL REVENUE SERVICE  
P. O. BOX 2508  
CINCINNATI, OH 45201

DEPARTMENT OF THE TREASURY

Date: SEP 20 2012

MARICOPA COMMUNITY ALLIANCE AGAINST  
SUBSTANCE ABUSE  
PO BOX 144  
MARICOPA, AZ 85139

Employer Identification Number:  
86-0731529  
DLN:  
17053187342022  
Contact Person:  
DALE T SCHABER ID# 31175  
Contact Telephone Number:  
(877) 829-5500  
Accounting Period Ending:  
December 31  
Public Charity Status:  
170(b)(1)(A)(vi)  
Form 990 Required:  
Yes  
Effective Date of Exemption:  
December 19, 2011  
Contribution Deductibility:  
Yes  
Addendum Applies:  
No

Dear Applicant:

We are pleased to inform you that upon review of your application for tax exempt status we have determined that you are exempt from Federal income tax under section 501(c)(3) of the Internal Revenue Code. Contributions to you are deductible under section 170 of the Code. You are also qualified to receive tax deductible bequests, devises, transfers or gifts under section 2055, 2106 or 2522 of the Code. Because this letter could help resolve any questions regarding your exempt status, you should keep it in your permanent records.

Organizations exempt under section 501(c)(3) of the Code are further classified as either public charities or private foundations. We determined that you are a public charity under the Code section(s) listed in the heading of this letter.

Please see enclosed Publication 4221-PC, Compliance Guide for 501(c)(3) Public Charities, for some helpful information about your responsibilities as an exempt organization.

Letter 947 (DO/CG)

96

MARICOPA COMMUNITY ALLIANCE AGAINST

Sincerely,

A handwritten signature in cursive script that reads "Holly O. Paz".

Holly O. Paz  
Director, Exempt Organizations  
Rulings and Agreements

Enclosure: Publication 4221-PC

Letter 947 (DO/CG)



Reply Reply All Forward Print

Thu 6/2/2022 12:17 PM



Brandi Homan <bhoman@beawesomeyouth.life>

RE: Ak-Chin Grant Application

To: Gia Valenzuela; Priscilla Behnke

Cc: AnnaMarie Knorr

This message is part of a tracked conversation. [Click here to find all related messages or to open the original flagged message.](#)

**We are a dba. Maricopa Community Alliance Against Substance Abuse dba Be Awesome Inc.**

*Brandi Homan*

Be Awesome Co-Founder, Program Coordinator

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520.428.6633

BeAwesomeYouth.life

